

P.E Overview

	Autumn		Spring		Summer	
EYFS	Introduction to P.E	Fundamentals	Dance	Ball Skills	Gymnastics	Games
KS1	Fundamentals	Dance	Gymnastics	Ball Skills	Target Games	Athletics
LKS2	Fitness	Gymnastics	Football	Swimming	Cricket	Athletics
UKS2	Fitness	Volleyball	Swimming	Dance	Golf	Athletics

	Autumn		Spring		Summer	
EYFS	Introduction to P.E	Fundamentals	Dance	Ball Skills	Gymnastics	Games
KS1	Fitness	Team Building	Sending & receiving	Invasion	Striking & Fielding	Athletics
LKS2	Fitness	Dodgeball	Dance	Swimming	Tennis	Athletics
UKS2	Netball	Gymnastics	Swimming	Tag Rugby	Rounders	Athletics